

Abstinence Education Program Introduction:

Sixty-two abstinence education grantees are funded by the Office of Adolescent Pregnancy Programs (OAPP). There are 6 new Adolescent Family Life abstinence education projects funded as of July 15, 2003. These demonstration projects are part of the Adolescent Family Life (AFL) program and were awarded to public and private community agencies to promote abstinence education as defined by the Welfare Reform legislation (P.L. 104-193) for up to 5 years. The purpose of abstinence education projects is to enable community agencies to develop programs on abstinence education in their communities either by using existing curricula and educational materials or by the developing and testing of new curricula and educational materials. Most of these projects are focusing on reaching students between the ages of 9 and 14 in a variety of settings, including public schools, community settings and family households. All projects involve strong interaction with parents for the purpose of strengthening the abstinence message. These projects have developed evaluation components aimed at capturing both program activities and program outcomes. OAPP also supports 45 care projects that provide care and prevention services to both pregnant and parenting adolescents as well as non-pregnant adolescents under the age of 19. In addition to the care and abstinence education projects, OAPP supports one abstinence prevention project defined by the Title XX legislation only and not the Welfare Reform legislation (P.L. 104-193). In addition to the use of curricula and approved educational materials, most care and prevention projects use holistic approaches, such as Developmental Assets and Youth Development, to achieve program objectives.

Abstinence Education Projects:

University of Alabama

Tuscaloosa, Alabama

This AFL prevention project, Future Selves has developed a curriculum for adolescents in 6th, 7th, and 8th grades in rural Western Alabama (Pickens Bibb and Hale counties). The curriculum is based on the Theory of Possible Selves is used as a guiding framework upon which social learning activities are built. Inherent in these learning activities are observational opportunities, decision-making activities, and skill development lessons; all designed to orient students toward examining their futures in a structured manner. The curriculum encourages young people to recognize the limitations placed upon their futures when they participate in risky behaviors. The overarching goal of this project is to broaden the participants' perspectives regarding future possibility, the need to delay gratification and refrain from practicing risky behaviors.

* Grant: \$140,965

* Contact: Steve Nagy, Ph.D.; 205-348-8373

Alabama State University

Montgomery, Alabama

Alabama State University (ASU) is a Historically Black College/University. ASU is partnering with the Gift of Life Foundation, a non-profit, community-based organization. The AFL project is an expansion of an existing pilot program that will target 12 junior high and high schools in Montgomery County. The project focuses on students in grades 7 through 12 and is based on the theory that an individual's behavior is determined by cognitive and environmental factors. The project provides instruction in the public schools, most during regular school hours, with pledge cards, two-tier mentoring and parent training seminars. The intervention team consists of a registered nurse, social worker and university student assistant and will use the curriculum, Choosing the Best, over a period of two weeks during health classes. The project conducts four training sessions for parents of the students using the Parent Training curriculum, Choosing the Best. The evaluation design consists of pre/post-testing and journaling with the use of a comparison and control group.

* Grant: \$225,000

* Contact: Tina Vazin, Ph.D.; 334-229-6972

Winslow Unified School District #1

Winslow, Arizona

The Winslow Unified School District #1 dates back to 1885 and consists of three elementary, one junior high and one high school. Winslow is a small, rural community about 60 miles east of Flagstaff with a population of about 9,500. The teen population is about one-third of the entire population. Winslow is the largest city in Navajo County, the population of which is about 100,000. Most residents of the County are minorities, with Native Americans being the largest group. Teen births and sexually transmitted diseases among teens are more than double the national average.

In an effort to reduce pregnancy and disease among adolescents, the School District implemented an in-school education program with a view to reducing sexual activity among adolescents. The AFL program is an expansion of this existing program, but it is a more intensive program and implemented after school - there have been no after-school programs in this District until now. The Project uses the FACTS curriculum as well as A.C. Greene's I have the Power. The clients in this program are all students in grades 5 through 12. In addition to the curriculum and educational aspects of the program, the Project has added other Developmental Assets activities to further support and strengthen the abstinence message. Clients are exposed to more than 20 hours of intervention during the school year. The intervention is also an expansion of the previous intervention.

* Grant: \$198,380

* Contact: Bruce Packard, Ph.D.; 928-774-1121

Vista Community Clinic

Vista, California

The JUNIOR REACH program serves two neighborhoods, one in the Eastside area of Oceanside and the other in the Townsite neighborhood of Vista. Residents of both areas are predominately Hispanic, have low educational attainment, and live in poverty. JUNIOR REACH utilizes a community youth development approach to implementing a comprehensive program modeled after the Children's Aid Society - Carrera model which includes the following components: 1) family life and abstinence only education; 2) individual academic assessment and tutoring; 3) employment readiness through Service Learning; 4) self-expression through the arts; 5) sports activities; and 6) comprehensive health care through referral. Over one hundred pre-adolescents ages 9-12 participate in 120 hours of the program. Expected outcomes among participants include: increased knowledge and self-esteem, reduced levels of depression, improved grades/school performance, and commitment to abstinence.

* Grant: \$225,000

* Contact: Fernando Sanudo; 760-631-5000

Northridge Hospital Foundation

Northridge, California

The Promoting Abstinence for Teen Health (PATH) Plus project reaches high-risk adolescents in primarily Latino communities. Based on findings from a previous Adolescent Family Life grant, PATH Plus provides prevention and skill building workshops for 6th through 8th grade students in local public middle schools. Trained high school peer educators facilitate the abstinence sessions using the Sex Can Wait (ETR Associates) curriculum and recreational team building and confidence building activities. At the completion of the after-school and peer-led abstinence program, students and their families participate in a one day PATH Plus Olympics. During this field day event, the abstinence and youth development messages are reiterated and parents are informed and encouraged to support their children in this capacity. In addition to being involved in the PATH Plus Olympics, a Parent Involvement Component providing the Let's Talk parent education program and a Parent-Student-Community Advisory Committee encourages parents to participate in the program.

* Grant: \$210,647

* Contact: Bonnie Bailer; 818-901-4679

YMCA of San Diego

San Diego, California

The goal of the Teen Link Community (TLC) Project is to combine focused abstinence education with community youth development to motivate and reinforce positive youth behaviors as a means of enhancing resiliency in youth. The TLC project includes two main components: (a) Project LEAD (Leadership Education and Advocacy Development), twenty hours of comprehensive youth development intervention in a weekly format for middle and high school youth; (b) PRYDE Plus, an abstinence only after school program for middle and high school youth which educates students on healthy behaviors, negative pressure resistance

techniques, and consequences of early parenthood. The Sex Can Wait (ETR Associates) program and infant simulators are used in this component.

* Grant: \$225,000

* Contact: Jodi Bresnick-Gross; 619-281-8313

National Latina Health Organization

Oakland, California

The National Latina Health Organization is focusing on a largely Hispanic, African American and Asian population in two public schools in Oakland and San Pablo. The project uses a bilingual, comprehensive curriculum to teach preadolescents and adolescents the value of abstinence. The program is a holistic, comprehensive, preventive approach that provides youth with information, education, skills and support to make healthy life decisions regarding sex, peer pressure, education, drug and alcohol use and gang involvement. Parents of these clients are also involved in bi-monthly workshops where the same information is shared with them in an effort to support the purpose of the project.

* Grant:\$194,900

* Contact: Karina Najera; 510-534-1362

Catholic Charities of the Diocese of Santa Rosa

Santa Rosa, California

The Catholic Charities of the Diocese of Santa Rosa is a private, non-profit agency with a 45-year history of providing needed social services to at-risk and vulnerable individuals and families in Sonoma, Napa, Mendocino, Lake, Humbolt and Del Norte counties of California. The agency serves more than 65,000 persons every year. The AFL project entitled "Free-to-Be" targets youth ages 11 through 19 in areas of the highest incidence of teen pregnancy in Sonoma County. The program is carried out in public school settings during school hours. The intervention is conducted in peer-to-peer format by college students trained by the agency in using the curricula and educational materials already developed by the agency. The project has three age-appropriate curricula: Life Choice Mini-Curriculum for 6th graders; Junior Life Curriculum for middle school students; and Life Choice One and Two for high school students. The project has excellent relationships with the public schools which are committed to the concept that the abstinence message can best be presented by trained mentors.

* Grant: \$185,010

* Contact: Susan Bisbee; 707-528-8712 x36

Economic and Social Opportunities (ESO)

San Jose, California

This AFL abstinence education project will reach 150 students and 50 parents through both curricula-driven and Developmental Assets approaches. The intervention for students will consist of 45 one-hour sessions over a 9-month period. The parents' component consists of four one-hour workshops over the same period. Economic and Social Opportunities is a community agency established in 1970 that has provided a myriad of services to individuals and families for over 30 years. Its mission is: "To create opportunities for people to take responsibility for their economic independence and to strengthen families." The agency provides program in training and education, housing and energy, family health services childcare as well as food banks. Since 1995, the agency has received State funds to "achieve significant reductions in the number of dropouts from schools, teen pregnancies, violence and substance abuse." In 1996, the applicant received a grant from the California Office of Family Planning that created what the applicant calls "The TAG (TEAM and GROW) Program" carried out by a "TAG TEAM" to provide teen pregnancy prevention education through an abstinence-based approach." With this experience and expertise, the agency has both the competency and expertise to carry out the AFL abstinence education program. The program is being implemented public schools during regular school hours.

- o Grant: \$200,000

- o Contact: Ayana Dawns; 498-971-0888 x 508

Communities Choosing Adolescent Pregnancy Prevention Program (C-CAPP)

San Francisco, California

C-CAPP is a private, non-profit community agency that specializes in abstinence education in the City and County of San Francisco. This AFL abstinence education program is being conducted in 17 high schools and 13 middle schools in the City and County of San Francisco - total 30 public schools. The program, conducted by young specially, trained health educators, will reach an estimated 5,000 students in grades 7 through 12 every year. The ethnic make-up of this project is the most diverse of all AFL-funded projects and includes Caucasians, African Americans, Hispanics, Chinese, Filipinos and Southeast Asians. The program includes several sessions for parents as well as work with Beacon Centers in after-school programs in and around San Francisco. The intervention, largely a curriculum-driven mixed with a Developmental Assets approach, expands a previously-funded AFL 9 one-hour dosage sessions to twelve sessions. Interventions conducted at the Beacon Centers for parents represent a further expansion of the previous program. In addition, special counseling and guidance sessions after-school have been added and are carried out at the agency's own facilities. C-CAPP is the only agency in San Francisco that is promoting the abstinence-only message. The program has tremendous support from the public school system and the public school teachers.

- o Grant: \$200,000

- o Contact: Robert Baillie; 415-334-6810

Colorado State University
Fort Collins, Colorado

Cooperative Extension (CSUCE), the educational outreach branch of Colorado State University includes state specialists in human development, sociology, psychology, parenting, youth development, health education and community development. In 1979, the DARE to be You program began within the CSUCE and has conducted over 10 major research projects. This program focuses on reaching youth 12-14 years old in two ways: with their families in a family component and through teams of community volunteers working with multiple youth serving organizations and agencies in the community component.

* Grant: \$225,000

* Contact: Jan Miller-Heyl; 970-565-3606

Boys & Girls Club of Sarasota
Sarasota, Florida

The Boys & Girls Club of Sarasota is a 501 © (3) agency that has replaced their previous program, "Ready Set Go Program," with SMARTMoves (Skills Mastery and Resistance Training) curriculum/program. The SMART Moves is a nationally acclaimed comprehensive prevention program that helps young people manage the most immediate threats to their well being- alcohol, tobacco, drugs and premarital sex. The program is designed to reduce pre-teen and teen vulnerability by giving them the tools they need to help themselves. The B&G Club of Sarasota is implementing their SMART Moves curriculum/program as an after-school and summer program in three Club Units. The first is Roy McBean, which is located in Bertha Mitchell public housing area; the second is Fruitville, which is located in the city, but most participants come from subsidized housing; the third is North Port, which is a rural community where children travel great distances to and from school. The program features engaging, interactive small group sessions designed to increase participants' peer support, enhance their skills, build their resiliency, and strengthen their leadership skills.

* Grant: \$225,000

* Contact: Dawn Page; 941-366-3911

Switchboard of Miami, Inc.
Miami, Florida

Incorporated in 1971 as a private, non-profit 501 (c)(3) service agency, Switchboard of Miami, Inc. has over 30 years of experience in the community as a substance abuse, pregnancy, and HIV prevention provider. This agency has been a member of the United Way of Miami-Dade County since 1979 and is licensed by the Florida Department of Children and Families (DCF) and the American Association of Suicidology. This project Holistic Education and Abstinence Reinforced for Teens (HEART) Program, provides a set of abstinence-based interventions for all 850 ninth grade students in Miami Jackson High School. This program utilizes Sex Can Wait, Botvin Life Skills Training-LST, and Baby-Think-It-Over and case management strategies as

needed.

* Grant: \$225,000

* Contact: June Moran; 305-358-1640

BETA Center, Inc.

Miami, Florida

BETA Center is an Orlando-based, not-for-profit social service agency that provides a wide array of educational and support programs for youth, parents, and families. With an Adolescent Family Life (AFL) Demonstration grant from OAPP, BETA has strengthened the current intervention through enhanced educational services. The agency utilizes an integrated Family Action Model for Empowerment (FAME) to enhance the agency's current community-based programming while providing a model for higher intensity, and broader scope of prevention-oriented services.

* Grant: \$225,000

* Contact: Leisa Bishop; 407-277-1942

Urban League of Broward County

Ft. Lauderdale, Florida

The Urban League of Broward County is a community based non-profit organization located in Ft Lauderdale with a mission to promote economic and social equality for African American, Caribbean, and Hispanic, and other disenfranchised groups. The Community Abstinence Project, conducts the program in two locations, Revival Faith Center and Osswald Park Recreation Center, both are in accessible to the population they will serve. Staff engages youth at faith-based sites, community organization, and schools. The CAP program uses the Sex Can Wait curriculum and educational materials developed by the Florida Abstinence Education Coalition. In addition, staff train teachers, youth workers and peer leaders who believe in the program to ensure a holistic approach. The CAP program has adopted the Asset Development Training developed by the Search Institute and incorporates a six-week summer component, Leadership Camp-Great to Wait, which engages students during the out-of-school time. The applicant hopes to fill gaps for community organizations, especially faith-based.

* Grant: \$99,227

* Contact: Germaine Smith-Baugh; 954-625- 2502

Morehouse School of Medicine

Atlanta, Georgia

Project CHOICES is an after school project that educates and motivates 4th grade students in 3 western counties of Georgia. The project incorporates multiple intervention strategies that motivate and support the targeted youths' efforts to refrain from sexual activity and other risky

behaviors. Project CHOICES provides after school prevention services as well as on weekends and in the Summertime. The activities include a value-based abstinence education component, homework assistance (by certified teachers), social skills training component, trained peer helpers (middle school students), entrepreneurship component; cultural and recreational activities, volunteerism and community services, one-on-one adult mentoring, parent communication education component, and community collaboration and involvement.

* Grant: \$225,000

* Contact: Mary Langley; Ph.D., 404-752-1503

Wheeler County Board of Education

Alamo, Georgia

The project offered by this grantee addresses critical issues such as school readiness, family issues, and at-risk behaviors through a comprehensive after-school and Summer abstinence program which uses the Choosing the Best curriculum along with tutoring, mentoring, recreational activities, cultural enrichment activities, community service and parent involvement components.

* Grant: \$225,000

* Contact: Harry Stevenson; 912-526-2366

Heritage Community Services

Augusta, Georgia

This project targets predominantly African American middle and high school youth as well as their families and other community members.

The plan uses “The Heritage Method” of programming which is comprised of a “450-minute high- impact interactive abstinence education component,” a twelve-lesson character-based abstinence education component, a faith community component, a media component, a Family Assets and Character Council component, and a health services component.

Grant: \$200,000

Contact: Susan Swanson, 706-722-7872

Lake County Health Department

Waukegan, Illinois

Teens Taking Charge offers an integrated continuum of services, activities and opportunities for participating teens that help develop the necessary skills to successfully move into productive, independent adult living. The project integrates, enhances and expands existing school- and community-based abstinence education services to fully embrace best practices in youth development by assisting teens to develop personal leadership skills and provide the opportunities to test and practice their knowledge and skills. Teens Taking Charge offers

year-round, school- and community-based abstinence education, leadership development and peer education training as well as community service opportunities.

* Grant: \$225,000

* Contact: Pat Garrity; 847-377-8187

People's Regional Opportunity Program

Portland, ME

PROP has program offices in four urban low-income neighborhoods where residents originate from several African, Asian, Middle-eastern and European nations. This new project would engage both youth and adults in the demonstration program by utilizing the asset building model and engaging neighborhood adults as active resources/mentors for youth. Older youth would also be trained to provide mentoring services to the younger youth (peer leader model) and the community is actively engaged in planning and implementing program activities.

Grant: \$165,000

Contact: Carol Palinski; (207) 874-1140 ext. 286

University of Maryland at Baltimore

Baltimore, Maryland

The University of Maryland partners with a community agency to provide prevention, intervention, and treatment programs through an array of youth, community development, and family strengthening services. The project is holistic and comprehensive with services that include: health education (enhanced Sex Can Wait curriculum), academic enrichment, mentoring, parent intervention, and other activities. The core curriculum is instructed over 24 two hour sessions - a dosage level of 48 hours. These 48 hours of curriculum will be in addition to the other planned enhancing activities. Also, the booster sessions will offer an additional 12 hours of education, increasing the level to 60+ hours of intervention.

* Grant: \$225,000

* Contact: Connie Williams; 410-328-3725

The Cumberland YMCA

Cumberland, Maryland

The Cumberland YMCA is a non-profit agency that has emerged as a leader over the past 130 years, in addressing needs of Alleghany County's struggling families. This project is designed to promote abstinence by empowering parents, especially high-risk residents of unserved areas to provide appropriate guidance and support to help their children develop positive assets during their formative years, through The Family Center Outreach Program, The YMCA ICE (Integrity Character and Education) Program, and the Y's Guys and Gals Program I.

- * Grant: \$172,054
- * Contact: Sharon Cihlar; 301-777-9622

Boston Medical Center Corporation

Boston, Massachusetts

This AFL program targets parents and their children, predominately Haitian immigrants, on topics related to human sexuality, ethics, abstinence and communication. Youth sessions with 11-14 year old participants use the Sex Can Wait curriculum and are held after-school in two local middle schools and in-school in an additional three local middle schools. Parent sessions, held at various locations in the community, are conducted at convenient times in the evenings using the Sex Can Wait Parent Manual. Both parent and youth sessions are led by trained Health Educators and a one day retreat for all participants is held at the end of each program cycle.

- * Grant: \$215,044
- * Contact: Nicole Prudent, M.D.; 617-414-3808

Ingham County Health Department

Lansing, Michigan

This project expanded their current after-school program, using the Sex Can Wait curriculum, into five new middle schools. The after-school educational component is implemented for 20 weeks and a parent component is conducted during lunch time at local Lansing businesses. During school hours, peer educators implement the Managing Pressures Before Marriage program and recruit participating students into the extended after-school program. Additional recreational activities are provided using "Lock-Ins" at local community centers allowing youth to participate in asset building and free time exercises.

- * Grant: \$144,340
- * Contact: Kathy Way; (517) 702-3525

Planned Parenthood of Northern Michigan

Petosky, Michigan

The Planned Parenthood of Northern Michigan is implementing the MERIT (Motivation, Esteem and Respect in Teens) curriculum to expand and compliment their existing How To Say No (HTSN) abstinence program. The ultimate goals are to examine to what extent MERIT is effective in providing high-risk teens with the motivation and skills needed to remain sexually abstinent, and to empower adolescents to make healthy choices, more specifically the choice to remain abstinent. The PPNM examines to what extend the effectiveness of HTSN may be enhanced when presented in combination with MERIT. The MERIT is a ten weekly session curriculum that covers communication, emotions, self-worth, values, decision-making, relationships, sexuality, abstinence, pressure resistance skills, goal setting and substance abuse. The PPNM is geographically expanding the existing abstinence program as well as

programmatically expanding to two additional multi-county areas while maintaining HTSN in all middle school students. Through this program's expansion, the applicant targets adolescents at high-risk of early sexual activities and other unhealthy behaviors for the additional MERIT program. In addition, the agency has partnered with the Native Americans tribes (Grand Traverse Band of Ottawa and Chippewas, and Little Bay Band of Odawas).

* Grant: \$127,226

* Contact: Martha Lancaster; 231-347-9662

Jackson State University

Jackson, Mississippi

Using the Sex Can Wait curriculum, the Jackson State University Alcohol/Drug Studies Center provides intensive abstinence education training. The project targets African American and Caucasian adolescents between the ages of 12 and 15 years living in 5 counties of the Mississippi Delta area including Bolivar, Leflore, Washington, Holmes and Yazoo. Each activity is coordinated by Center staff and other trained professionals from across the state. Activities include workshops, conferences and school-based functions. Upon completion of the project, the participants will be able to make positive and healthy decisions about engaging in pre-marital sex. This project will also increase the number of trained professionals who will in turn be able to train others in their own communities.

* Grant: \$250,000

* Contact: Raymond Richmond, Jr.; 601-968-7059

West Jackson Community Development

Jackson, Mississippi

This project is implementing the Sex Can Wait curriculum in middle schools of Hind County and Jackson County. Also, the project is delivering to youth within after-school programs and parents at community parenting centers. Participants are introduced to cultural activities and field trips to reinforce the abstinence message. The abstinence message is promoted to the community at large through lectures, workshops, health fairs, youth rallies, community family days and neighborhood festivals.

* Grant: \$250,000

* Contact: Melvin Miller; 601-352-6993

Southern Nevada Area Health Education Center (AHEC)

Las Vegas, Nevada

AHEC is a private, non -profit organization and is part of the national AHEC program. Incorporated in 1989, Southern Nevada AHEC's mission is to improve quality healthcare through education and outreach and to strive toward a culturally diverse workforce in four

southern counties in the State. The AFL project focuses solely on parents to train them to be the best educators of their children, particularly in the area of sex education, health, communication, decision making, goal setting, social support, Developmental Assets, risk avoidance, etc. The project has built on a previously AFL-funded project that also focused on parents. This newly-funded AFL project focuses largely Hispanic in Clark County whose main city is Las Vegas. The most innovative features of this project is its focus primarily on parents and its approach to recruiting and involving parents. The project uses the "Tupperware Party Recruiting Strategy" to engage parents. Since Nevada ranks fifth in the nation in teen pregnancies, there is a great need for a program aimed at reducing teen pregnancies through abstinence. Parents subscribe to this approach - the major problem has been to get parents involved. The Tupperware approach was developed and implemented in the previous AFL project and seems to have positive implications for many other organizations as means of recruiting and involving parents. This new AFL project places a very strong emphasis on families and family involvement. It estimates that it will involve nearly 2,000 parents in its first year. The entire approach is worth testing in an effort to demonstrate and discover if this approach in the long run can have a significant impact on reducing sexual involvement, pregnancy and diseases among adolescents.

- o Grant: \$200,000
- o Contact: Mary Rosenthal; 702-212-6382

Catholic Charities

Syracuse, New York

Catholic Charities of the Roman Catholic Diocese of Syracuse, New York, commonly referred to as Catholic Charities of Onondaga County (CCOC) is a private non-profit agency incorporated in 1920. The CCOC serves boys and girls ages 5-13 and their families in 6 neighborhood centers throughout Syracuse. The CHOICE Program incorporates the successful strategies of two projects; Caregivers and Adolescents Empowered for Sexual Health and Family Exploration. Together these programs served well over 1,000 culturally diverse youth and their families. In addition, the CHOICE Program adds innovative modification and enhancement, which are based upon both evaluation findings and experimental learning. CHOICE uses a "youth development" approach to guide children, adolescents and their parent through the obstacle course that define childhood. Additionally, CHOICE is comprised of 4 components: 1) age appropriate health education; 2) parent information and dinner club; 3) peer meetings; 4) youth activities.

- * Grant: \$225,000
- * Contact: Felicia Castricone; 315-474-7428

Be'er Hagolah Institutes (BHI)

Brooklyn, New York

The REAL DEAL is a prevention demonstration project that serves the local area of Starrett City in Brooklyn, New York and neighboring communities in Queens, New York. Services provided, to primarily Russian immigrant adolescents and their parents, include education on the

responsibilities of sexuality and parenting; assistance to parents in education adolescents concerning self-discipline and responsibility; appropriate educational and vocational services; a broad array of activities to promote a healthy sense of self-esteem; counseling for program participants; outreach services to families of adolescents to discourage unhealthy decisions; and nutrition counseling. The abstinence curricula used during the educational component are: Abstinence: Pick or Choose Activities (ETR Associates), Sex Can Wait (ETR Associates)," and Facing Reality (Project Reality). All services are provided in the BHI schools during and after school hours and all facets of the program encourage teens to serve as peer mentors and program planners.

* Grant: \$225,000

* Contact: Pearl Kaufman; 718-642-6800 x 105

St. Luke's Roosevelt Hospital

New York, New York

St. Luke's Hospital is a not-for-profit hospital implementing a prevention program for sixth grade classes in inner-city schools in the East Harlem, Manhattan Valley and Lower East Side communities of New York City. The program is an expansion of STAR LO, an interactive theater intervention that began in 1991 and reaches youth through providing culturally and developmentally appropriate information. Each cycle has an original performance which assists the youth in incorporating positive behaviors and decision-making skills to enable them to abstain from sexual activity. Five four-session parent training are offered as well as a teacher training series. This training will expose them to the same information as the youth and provide the communication skills necessary to support the youth.

* Grant: \$225,000

* Contact: Cydelle Berlin, Ph.D.; 212-523-3599

Educators for Children, Youth & Families

Brooklyn, New York

Educators for Children, Youth and Families, a not-for-profit, community-based organization, is expanding its existing after-school program at the Beacon School-Based Community Center. The project provides comprehensive services to 250 youth ages ten to seventeen from the Brownsville area of Brooklyn. The project activities offered are curriculum instruction, role play, rap discussions, career exploration, and physical education. Volunteerism service is an additional component of the project. Participants select short-term community service projects. A monthly parent series is offered implementing the curriculum, Choosing the Best.

* Grant: \$225,000

* Contact: Mr. Kimberly Lane; 718-230-0454

Builders for Youth and Family (BFFY)

Brooklyn, New York

Builders for Youth and Family for the Diocese of Brooklyn serves an urban neighborhood of Bushwick, Brooklyn and targets boys and girls ages 9-14 attending local public middle schools. The FLAG (Family Life Abstinence Grant) Program, based on the Community of Caring model, teaches middle school children values in an after-school structured setting, providing opportunities for families to engage in activities and discuss values together, provides homework help and educational enrichment, trains adults in values education and reinforces values in all of its components. A revised Community of Caring curriculum with an abstinence education component is used. Other activities include community service and student forums.

* Grant: \$225,000

* Contact: Stacey Lawrence; 718-455-4649

Healthy Mothers Healthy Babies Coalition of Wake County

Raleigh, North Carolina

Project YES! (Youth Embracing Success) is an abstinence education prevention project implemented by the Healthy Mothers Healthy Babies Coalition of Wake County. YES! is an after school program which targets predominantly African American middle school students involved in current programming at local Support Our Students centers. YES! seeks to influence knowledge, attitudes and behaviors relating to abstinence, enhances protective factors and strives to reduce risk factors of program participants. The project includes a cultural component which provides youth with the opportunity to take part in activities such as pottery, African dance, and chess.

* Grant: \$175,597

* Contact: Laura Oberkircher; 919-250-4623

Roanoke Chapel Baptist Church

Jackson, North Carolina

Roanoke Chapel Baptist Church, a faith-based, not-for-profit organization, is collaborating with Halifax County Schools, Northampton County Schools, and the Departments of Health and Social Services in Halifax and Northampton Counties. Roanoke Chapel Baptist Church is funded to coordinate prevention efforts throughout Halifax and Northampton counties, facilitate an advisory board, an abstinence/prevention taskforce, a community summit, a teen summit and two family centers. Also, students in grades K-12 receive abstinence education as part of their health or physical education classes. Eighth and ninth grade students receive an intensive after-school intervention. All other after-school programs incorporate the selected abstinence curriculum into their existing programs.

* Grant: \$225,000

* Contact: Rev. Franklin Williams; 252-583-1841

The Public Health Authority of Cabarrus County

Kannapolis, North Carolina

This AFL prevention project implements an intensive abstinence pregnancy prevention programming for males and females attending Kannapolis Middle School. The program is administered and implemented by the Cabarrus Health Alliance in partnership with the Kannapolis City Schools. The program consists of the following components: 24 sessions of curriculum designed; weekly academic tutoring sessions; enrichment activities once a week throughout the year in conjunction with Piedmont Behavioral Healthcare, the school nurses and school guidance counselors. The participants are tracked until their anticipated high school graduation dates to determine the effectiveness of the program.

* Grant: \$150,000

* Contact: Barbara Sheppard; 704-920-1249

Sisterhood Agenda, Inc.

Durham, North Carolina

Sisterhood Agenda, Inc. is a nonprofit organization that uplifts and aids the self-development of women and girls of African decent. This AFL funded program entitled "A Journey Toward Womanhood" is a 13-week comprehensive teen program researched and designed for girls ages 12-17. This program builds and maintains healthy self-esteem, instills cultural pride and self-appreciation, teaches life skills and social skill for self-sufficiency while discouraging unintended adolescent pregnancy, and other related negative life outcomes such as school dropout, drug abuse and depression. This demonstration project seeks to reach at risk minority girls targeted within public housing communities, community centers, middle and high schools within Durham, Orange and Wake Counties.

* Grant: \$150,000

* Contact: Angela Coleman Dixon; 919-493-8358

St. Vincent Mercy Medical Center

Toledo, Ohio

The abstinence education project implemented by St. Vincent Mercy Medical Center targets an ethnically and racially diverse population. The Positive Choices program is a two-prong project with activities in school and after school. The after-school component consists of gender specific groups of youth ages 9-11 years and youth ages 12-14 years. Sessions include didactic education, group activities role plays and demonstrations and a social event. In-school programming uses hands-on learning and practical application in order to reinforce ideas. The emphasis in the elementary grades is on decision making, responsibility and male/female roles. Junior high school sessions include anatomy and physiology in addition to a component on STDs taught by a medical professional. High school students are recruited for peer leaders and mentors. The comprehensive parental component includes curriculum education, support groups and home

visits. The program uses a variety of curriculum materials.

- * Grant: \$250,000

- * Contact: Connie Cameron; 419-251-2453

Tri County Right to Life Educational Foundation

New Carlisle, Ohio

The Real Life Program, a program of Tri-County Right to Life Educational Foundation, is a private, non-profit organization, which has specialized in pregnancy prevention particularly abstinence educations for over seven years. The purpose of this program is to further their positive, consistent, and medically accurate abstinence message to adolescents within their communities. With 5-day programs for 6, 7, and 8th grades, and 8-day programs for high school, Real Life addresses the issues of teenage sexual behavior, drug/alcohol/tobacco use, and violence. This program focuses on positive behaviors that will benefit these young people and encourages them replace prevalent unhealthy adolescent attitudes.

- * Grant: \$225,000

- * Contact: Emily McDonald; 937-849-1259

Bowling Green State University

Bowling Green, Ohio

The Prevention Connection Office in the School of Family and Consumer Sciences, in the College of Education and Human Development at Bowling Green State University is implementing a teacher training/curriculum project. Program staff members recruit project schools, provide teacher training workshops, and assist in implementing the upper elementary and middle school components of the Sex Can Wait curriculum. Trained teachers implement the project (treatment schools) while 8 other school districts make up the control group component for evaluation purposes. The project includes extensive follow-up assistance to schools in addition to an extensive evaluation component. The project serves urban, rural and suburban areas with high teen pregnancy and poverty rates, targeting adolescents, pre-adolescents and their parents.

- * Grant: \$248,000

- * Contact: Molly Laflin; 419-372-0301

Catholic Social Services of the Miami Valley

Dayton, Ohio

This project provides a multi-faceted, intensive and long-term prevention model for younger adolescents in 3 different neighborhoods. It focuses on developing the strengths of the participants and helps them to understand the value of sexual abstinence and avoidance of other risky behaviors. The plan integrates a new abstinence education component into current

programming already in place at 3 local community-based sites in the target area.

* Grant: \$225,000

* Contact: Peggy Seboldt; (937) 299-5465 ext. 114

Northwest Family Services

Portland, Oregon

YOUTH SOLUTIONS combines multiple intervention strategies in a coordinated effort to reach primarily Latino teens and their parents with a consistent abstinence message. The FACTS or Datos curriculum, created and piloted by this agency, reaches students from ages 12-18 with effective strategies to reduce the transition rates into sexual activity. This prevention project combines the curriculum component with peer-enacted dramas, abstinence rallies, abstinence pledges, teacher training, parent education, peer leadership, a bi-lingual media campaign with website, and community support.

* Grant: \$225,000

* Contact: Rose Fuller; 503-215-6377

Mercy Hospital of Pittsburgh

Pittsburgh, Pennsylvania

Established in 1847 by the Sisters of Mercy, Mercy Hospital of Pittsburgh is a non-profit 501 (C)(3) "flagship" of Pittsburgh Mercy Health System. This inner city community teaching hospital is deeply concerned about the adolescents in their care. Mercy Hospital of Pittsburgh has expanded and enhanced their program by offering a new phase of innovative youth development program in community, school, and hospital settings. Additionally, Mercy has three models of support that are holistic and coherent to the community of Pittsburgh: a) The school-based model, which has two-fold approach: educational activities and the support group, which will use the Boys to Men and Phenomenal Females curricula; b) The community-based model, which primarily serves two communities within the City of Pittsburgh: Ammons Recreation Center in Hill District and Warrington Recreation Center, on South Side. Both community based receive support groups that convene during after-school hours and a summer programs in the South Side and Hill District communities; and c) The hospital-based model is a result of AFL funding, Mercy has recently opened an Adolescent Care Center (ACC) designed to meet the pediatric primary care, gynecological needs of all adolescent, as well as provide psychosocial and educational support on site. The hours of operation are 3pm to 7pm, Tuesdays and Thursdays. The prevention/abstinence components are medical, psychosocial, and educational. The evaluation will contain two stages: process and examination outcomes.

* Grant: \$225,000

* Contact: Cindy Liberi; 412-232-5833

To Our Children's Future With Health

Philadelphia, Pennsylvania

To Our Children's Future With Health is a community-based agency. This AFL funded project has expanded their Abstinence Education services to the Nicetown-Tioga community in North Philadelphia. The project serves approximately 400 youth aged 9 to 14. The project activities are based on the youth asset building model that takes positive approaches to addressing the reduction of high-risk behavior in youth. The project is comparing its 20-hours curriculum intervention with its 52-hour curriculum, Soaring With Confidence Above the Crowd. The curriculum includes parent involvement in parent-youth sessions to help improve the paths of communication and the parent child connection, as well as addressing traditional and cultural values centering on the issues of marriage and the expected standards of sexual behavior for grade school youth, as well as adult members of society. The evaluation design entail pre/post testing with a six-month follow-up for a cohort for two years.

* Grant: \$225,000

* Contact: Robin Foster-Drain; 215-879-7740

To Our Children's Future With Health

Philadelphia, Pennsylvania

To Our Children's Future With Health is a community-based agency, founded in 1992. The organization provides public health services to youth and their families from the Haddington section of West Philadelphia to the Nicetown/Tioga section of North Philadelphia. This AFL funded project seeks to expand their Abstinence Education services, The Haddington Youth Development Abstinence Initiative Program, to approximately 1,000 African-American males and females ages 10-14 in the Haddington community. The Haddington Youth Development Abstinence Initiative Program is a comprehensive neighborhood prevention program designed to mobilize an entire community around youth abstinence. The Abstinence component of the program involves 52 hours of instruction. The curriculum includes parent involvement in parent-youth sessions to help improve the paths of communication and the parent child connection, as well as addressing traditional and cultural values centering on the issues of marriage and the expected standards of sexual behavior for grade school youth, as well as adult members of society.

* Grant: \$250,000

* Contact: Robin Foster-Drain; 215-879-7740

Crozer-Chester Medical Center

Upland, Pennsylvania

Crozer-Chester Medical Center is a 586 bed, not-for-profit teaching hospital. The AFL funded project has implemented a comprehensive abstinence program using a variety of curricula. This program targets students of the Chester Upland School District. The program is being administered through a school-based health center and has serviced students in grades six

through eight. In-class programs have been standardized such that each grade receives a different intervention and the curriculum structure/placement is designed based on program evaluation of the existing components and the developmental needs of the students at each grade level. The goal of this demonstration project is to create a specially designed 8th grade prevention component and reinforce the existing programs being offered to 6th and 7th grade students. This program has helped to prepare 8th graders with making a positive transition from middle school to 9th grade.

* Grant: \$234,337

* Contact: Rima Himelstein; 610-490-1405

Crozer–Chester Medical Center
Upland, Pennsylvania

A second Adolescent Family Life grant is currently enhancing and expanding the abstinence education program adding a Leadership 101 component. A school-based model, Leadership 101 will focus on both sexual and non-sexual antecedents within the youth development framework designed to capitalize on the power of positive peer pressure and mentoring, which is built on the foundation of knowledge and attitudes while promoting abstinence as defined by the A-H. The Leadership Team, consisting of staff, faculty, and college, high and middle school students in the capacity of role models and mentors will carry out the project. The model employs five key elements on sexual and non-sexual antecedents of teen pregnancy: abstinence education, service learning, small group mentoring, academic and professional skill building, and arts and recreation activities.

* Grant: \$154,194

* Contact: Rima Himelstein, M.D.; 610-490-1755

The Children's Council
Lancaster, South Carolina

Chartered in 1985, The Children's Council, private non-profit agency was established with the mission of reducing the problem youth behaviors in Lancaster County. In 1996, a partnership of over 30 public, private, non-profit, faith-based and civic entities was formed with the core mission of identifying community needs and resources, promoting greater collaboration, and bringing cutting edge prevention services to the residents in this community. This program is based on the Risk Focused Prevention Model, which articulates 19 research-based risk factors associated with teen pregnancy. In addition, this comprehensive program will include Baby-Think-It-Over, Brothers to Brother, Families and Schools Together (FAST), Can We Talk, Academic Assistance Lab, and a Community Awareness Campaign.

* Grant: \$208,937

* Contact: Heather Mueller; 803-283-4995

Medical University of South Carolina
Charleston, South Carolina

The project enhances current school-based sexuality classes by using Managing Pressures Before Marriage (MPBM) and adding a peer mentoring component. There are 3 levels of intervention which are tested through randomized client participation. The 1st level is Standard school-based sexuality education. The 2nd level is Standard + MPBM, in class room settings. The 3rd level is Standard + MPBM+ teen developmental component, in an after-school setting. Groups are facilitated by program staff for the curriculum enhancements. The developmental component is lead by pregnant or parenting peer mentors. These mentors are participants from the grantee's CARE AFL program. The peer groups reinforce education as well as provide other activities emphasizing achievement and behavioral goals.

* Grant: \$225,000

* Contact: Janice Key; 843-876-1490

Teca Aicibleza Pi Kte Project
Oglala Sioux Tribe
Pine Ridge, South Dakota

The Teca Aicibleza Pi Kte (Youth Understanding Themselves) Project is a culturally-based sexual abstinence program which uses prevention and intervention activities that link Lakota traditional beliefs and customs with the abstinence message to contribute to the healthy development of an adolescent on Pine Ridge Reservation. Talking circles with families and experiential learning activities are the crux of program activity.

* Grant: \$187,500

* Contact: Dawn Frank; 605- 867-6180

Youth and Family Services
Rapid City, South Dakota

Youth and Family Services is a private non-profit organization with extensive experience working with youth in their community. This AFL project targets girls ages 9-14 in the Girls Incorporated "Too Young for Two" program using a multi-faceted approach to teen pregnancy prevention. Age appropriate puberty, sexuality and abstinence education sessions are provided in combination with mentoring from professionals in the community, free music classes, career guidance, field trips, school tutoring, health care advocacy, and drug and alcohol prevention. Therapeutic counseling and treatment is provided for all participants and their families. Parents are provided health and educational information via home visits by Health Advocates and a parental component at the Girls Inc. agency.

* Grant: \$250,000

* Contact: Sheri Steffen; 605-342-4195

Rural American Initiatives

Rapid City, South Dakota

Rural American Initiatives, in partnership with St. Isaac Joques Catholic Parish, is targeting Native teen males ages 12-19. Utilizing the Sex Can Wait (ETR Associates) and the Lifeskills curricula (Botvin) in addition to substance abuse counseling and physical fitness activities, the program recruits males from the local middle schools and engages them in daily after-school programming. The goals of the program are to promote positive identity for Native teen males, to teach abstinence from sexual activity until marriage as the acceptable standard for Lakota teens, and to reduce the Native teen pregnancy rate and the related rates of chlamydia and gonorrhea. Reductions in all risky behaviors are expected from the program.

* Grant: \$225,000

* Contact: Bruce Long Fox, 605-341-3339

Break the Cycle, Inc.

Loudon, TN

Break the Cycle (BTC) is adding two youth development components to already existing teen pregnancy prevention programming in Loudon, Smith and Sevier counties in Tennessee. Program components are implemented with 6th through 8th grade and include the "Managing Pressures Before Marriage" curriculum, ACT Smart HIV Curriculum, among other activities. The expanded program would expand services and enhance current activities to include the LifeSkills Training Curriculum, implemented in the 6th-8th grades in Loudon County, and the Best Friends Program, implemented with Loudon County girls in grade 6. Both of these components provide a more comprehensive, long-term intervention that encompasses youth development activities and discusses many other facets other than sexual abstinence.

Grant: \$175,000

Contact: Linda Knight; 865-458-1597

Baptist Children's Home Ministries

San Antonio, Texas

Baptist Children's Home Ministries is a private, non-profit, non sectarian agency that has been serving Texas families for over 50 years. The AFL project is entitled " Decisions for Life" and focuses on sixth grade students, largely a Mexican American population, males and females, in community settings. In addition to the use of an OAPP-approved curriculum, the project engages in a very comprehensive Developmental Assets approach and other activities, such as field trips, use of guest speakers, community activities, etc., to reinforce the abstinence message and the benefits of abstinence. The project conducts monthly meetings for parents in a further effort to improve their skills in communicating with their children and in enhancing the abstinence message. The project's intensity consists of 3300 annual contact hours. The project has a yearly graduation ceremony attended by program participants, parents, family members and a large community representation.

- * Grant: \$175,110
- * Contact: Christina Diaz; 210-212-5518

Youth and Family Alliance

Austin, Texas

The LifeWorks Program is testing the hypothesis that youth in grades 4 through 8 who receive a higher volume of abstinence prevention services (i.e., more hours of participation in support groups and more types of interventions) will be more likely to delay sexual involvement. Three communities of the Austin County, Texas area are targeted for a curriculum-based program aimed at reducing teen pregnancy. In addition, Lifeworks' Prevention Specialists offer school and community-based groups and summer camps that facilitate open communication about relationships, peer pressure, and making choices. During the school year, each single-sex group meets once a week with consistent group participants and group facilitator. The program utilizes the Growing Up and Making Healthy Choices (Teen Parenting and Prevention Network of Austin) and the Managing Pressures Before Marriage (Marion Howard) curricula.

- * Grant: \$181,405
- * Contact: Amy Benton; 512-324-6879

Dallas Independent School District

Dallas, Texas

The Dallas Independent School District is the tenth largest urban school district in the United States. The District already has in place a very intensive Adolescent Family Life (AFL) abstinence education program called "SMART" (Students Making Abstinence Real Today). SMART is an after-school program that serves students in grades 4 through 6 in eight public schools. The new AFL project called "SMART TWO" expands the current program from eight public schools to 16.

Both programs have remarkable support from the school leadership. The two programs are by far the most extensive of AFL-funded programs consisting of more than 110 hours of intervention. In addition to use of curricula and educational materials, the SMART Two program uses a variety of developmental assets activities developed by Search Institute. The teachers in the Dallas Independent School District have had extensive training in this approach. These activities range from use of mentors, physical fitness, cultural enrichment strategies, community services, etc. The project's motto is: "If a program has an impact on adolescent behavior for only a few weeks, then that program will not have much of an impact on the many adolescent years prior to marriage." (Journal of School Health, March 1999).

- * Grant: \$225,000
- * Contact: Phyllis Simpson, Ph.D.; 214-932-5136

Dallas Independent School District

Dallas, Texas

The Dallas Independent School District is the tenth largest urban school district in the United States with 154 elementary, 25 middle, 21 high, 10 alternative, and 7 magnet schools. The ethnic composition is 49.4% Hispanic, 39.4% African American, 9.2% White and 2% Asian and others. The AFL project entitled "The SMART II (Students Making Abstinence Real Today) Program" has built on an existing abstinence education program already in place in middle and high schools and extended the new program to eight additional public schools. The AFL SMART II program serves students, male and female, in the sixth grade. The intervention consists of more than 110 hours of intervention consisting of curriculum discussions, role model presentations from community partners, parental involvement, mentors identified for students, physical fitness classes provided after school, cultural enrichment strategies, community service and other activities. The project believes that the intensity of this intervention will promote and solidify the abstinence message.

* Grant: \$250,000

* Contact: Patricia Cheatham; 214-932-5136

Fifth Ward Enrichment Program

Houston, Texas

The Fifth Ward Enrichment Program (FWEP) is a 501 © 3 non-profit organization incorporated in the state of Texas since 1996. It has been providing services to Fifth Ward area of Houston since 1994, and is also a United Way agency. Initially, FWEP began as a component of the Urban Affairs Corporation, presently known as Community Partners, and is now one of the nation's first adolescent clinics that targets at risk youth primarily for teen pregnancy prevention program. The lack of male involvement in the teen pregnancy and strategies was problematic at the clinic. The FWEP is now using two curricula, Choosing The Best and Sex Can Wait, which are designed to develop youths' knowledge on ways to resist peer pressure from engaging in sexual risk taking behavior, etc. Parents are supported in teaching and reinforcing values related to the delay of sexual behavior through series of support group, parenting classes, enhance communication skills, etc. Uniquely, FWEP will focus on services to males only. The evaluation assessment data includes routine monitoring student's academic performance, conduct, and school attendance.

* Grant: \$225,000

* Contact: Ernest McMillian; 713-229-8353

JOVEN

San Antonio, Texas

JOVEN is a private, non-profit community agency that has served young people in San Antonio for the past 11 years. San Antonio has been ranked as the 12th largest city in the United States in births to teen mothers and Texas has been ranked among the top three States in births to teens.

JOVEN served over 500 teens and 500 parents during its first year. The student clients, ages 10-15, in grades 6 through 8, are largely Hispanic from Medina Valley on the Southside of San Antonio and Harlandale School on the Westside. These programs are conducted in public schools during regular school hours as well as in community centers. The project is largely curriculum-driven with the use of the Sex Can Wait curriculum over a 9-week period. The project will expand the program from a 13-hour intervention to at least 20 hours during the next school year. A professor from the University of Houston evaluates the program.

* Grant: \$222,251

* Contact: Megan McPherson; 210-924-0330

The Boat People SOS

Falls Church, Virginia

Founded in 1980, the Boat People SOS (BPSOS) is a community-based organization that has served 30,000 Vietnamese refugees and immigrant across the country. In the 1980's BPSOS initiated a worldwide effort to rescue Vietnamese 'boat people' who were victims of piracy in the gulf of Thailand. Since, the BPSOS has organized and managed 13 branch offices nationwide and have over 21 years of experience serving Vietnamese refugee and immigrants. The Adolescent Family Life - Teens Wait program is implemented with a collaborating partner: Committee for Religious Freedom in Vietnam, a 501-© (3) organization. They work closely with the different faith-based institutions in the Vietnamese-American community. The population served includes both urban and suburban area throughout Northern Virginia, Suburban Maryland and in the District of Columbia. In Teens Wait, BPSOS deliver services to Vietnamese refugees and immigrant teenagers, male and female, ages 12-19, Vietnamese parents and immigrant parents and youth groups leaders (including scout and youth group leaders).

* Grant: \$100,000

* Contact: Aruna Radhakrishmna; 703-538-5510

Wise Women Gathering Place

Green Bay, Wisconsin

Wise Women Gathering Place (WWGP) is a local Adolescent Life Abstinence Education Prevention Demonstration project grant to implement their Community-Based Abstinence Culture (C-BAC) Project. The WWGP is a 501 © (3) non-profit organization providing information and resources to women and their families for healthy approaches to health and wellness issues such as: puberty, pregnancy, childbirth menopause, parenting, relationships, and prevention of STDs and unplanned pregnancy. The ultimate goal of C-BAC Project is to reduce the incidence of premarital sex among teens while promoting a supporting culture to abstinence. The C-BAC Project implements its abstinence educational program to 8th grade students in two Tribal Schools, Onieda and Menominee. The grantee involves parents, teachers and peer mentors to strengthen its efforts in spreading the abstinence message. The agency uses Discovery Dating and Network for Native Futures curricula and an array of other abstinence educational

material.

- * Grant: \$250,000

- * Contact: Alice Skenandore; 920-490-0627